Conservation of rare orchid (Cyripedium cordigerum) in Nagtibba, Western Himalaya, India

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San Diego County Orchid Society, USA
By
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Cover photo: Cypripedium cordigerum
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Acknowledgments

To see my conservation dream come to life is no doubt like being blessed and I feel that this project has been one of the important steps towards this dream coming true. This wouldn’t have been possible without positive guidance, academic help and professional encouragement which Dr. G.S.Rawat, Dr. Y.P.S.Pangety and Dr. B.S.Adhikari were more than happy to provide and I will always be grateful to them. In such projects sincere field help can not be compared to anything else and my friends Mr. Pankaj Kumar and Mr. Gajendra Singh deserve a special mention in this context.

But without the necessary funds, even the best of dreams hibernate in the minds. Hence I would like shower San Diego County Orchid Society (SDCOS)-USA with millions of drops of gratitude for considering my work up to the mark and I pray that their work to help preservation of nature will expand its boundaries.

As far as the Gujjar families and local villagers are concerned, I will always feel indebted to all of them for their whole hearted involvement to not only make this project a successful one but also for helping it acquire meaningful outcome.

Last but not the least, I would like to thank my wife Dr. Neha for her unconditional support without which my dreams would fall to ground like a tower of cards.
SUMMARY

The temperate forest of Nagtibba is one of the potential sites of the beautiful lady’s slipper orchid *Cypripedium cordigerum*. This species, once reported to be abundant in the North-western Himalaya, has now become rare and close to extinction due to the ever shrinking natural habitats. The present exercise is an attempt to know the current status of this species in Nagtibba and also to educate the Gujjar community about the importance of this species. During the present survey ca 230 individuals were recorded in the entire hill top area. Most of the individuals were found to be helpless cattle lunch. To protect this site, I would suggest that the Gujjars should immediately be shifted to other areas. But for a long term of conservation of this species, we have to concentrate more on its ecology, reproductive biology and pollinators. It would be a pity to lose these precious species especially when we know that we can help them stay on.
Cypripedium is a beautiful word that first referred to Linnaeus in 1737. The name Cypripedium was born out of the land of Cyprus where the Goddess of love from Greek mythological Aphrodite was born. The other word he used pedilum which means shoe or slipper. The credit goes to Conrad Gesner for being the first describe slipper orchid (Cribb, 1997). The genus Cypripedium consists of some 50 species found in the northern temperate region of Asia, Europe and North America, reaching as far south as Honduras, Guatemala and part of tropical Himalaya. The center of diversity of the genus lies in China where most Cypripedium species are found. They grow in a wide range of habitats from coniferous or mixed deciduous woodlands, to marshes and grasslands. They are terrestrial, with leaves that, in most species, grow fresh from the base each year. The flowers are slipper-like and range in colour from green through white and yellow to red and deep purple.

Six species of Cypripedium are distributed across the Indian Himalaya. They are mainly distributed in Uttarakhand (Kumaun and Garhwal), Himachal Pradesh and Jammu & Kashmir. Three species of Cypripedium viz. Cypripedium cordigerum, Cypripedium himalacium and Cypripedium elegans are found in the state of Uttarakhand. The beautiful Cypripedium cordigerum grows at an altitude of 2200 to 3200m in the Himalaya of Uttarakhand. This species once reported to be abundant in the North-western Himalaya, has now become rare and close to extinction, due the ever shrinking natural habitats. Being lower the population graph of the state this beautiful lady’s slipper orchid has been officially classified as rare in the Red Data Book of Indian Plants (Nayar and Sastry, 1987).

In Uttarakhand, very few localities are known where this species is found. Nagtibba, in the outer Himalayan range of Uttarakhand state of India, is one of the potential sites for the beautiful lady’s slipper orchid. But due to increasing threats to this species in its natural habitats are largely due to anthropogenic pressures on the unsustainable utilization of the forest resources by the local communities especially Gujjars these wonderful species are in danger. Therefore, to save these rare and novel orchid species of the Nagtibba area, there is an urgent need for in-situ conservation. Keeping this in mind, a short term conservation project was proposed for conservation of this species. The overall objectives of this project were to know the current status of population, evaluation of the threats to the species and to educate local people (the Gujjar communities) and forest department for in situ conservation.
2.0 TAXONOMIC DESCRIPTION

A plant 40-65 cm tall, rhizome is short and robust, growing in the uppermost soil layer. The rhizome grows annually with a growth bud at one end and dies off at the other end. Stem usually pubescent or glandular-hairy, especially on upper part, with several sheaths at base, sheaths with 2-5 leaves above. Leaf blade elliptic or broadly elliptic, 10-15 X 4-10 cm, margin sparsely ciliate, apex acute or acuminate. Inflorescence a terminal solitary flower, rarely 2-flowered; peduncle; glandular hairy, especially on upper part; floral bracts leaflike, elliptic to lanceolate, 6-9 X 2-4 cm, abaxially pubescent at veins, apex acuminate. Pedicel and ovary 2-4 cm, densely glandular hairy. Flowers 7-10 cm in diam, usually with pale green to pale yellowish green sepals and petals and white labellum, staminodes often yellow and red spotted (Deva and H.B.Naithani, 1986). Petals not resupinate, linear-lanceolate, 2.5-3.5 X 7-9 cm or wider, adaxially pubescent at base, apex acuminate; Lip oblong, white and slipper shaped. Flowering: June-July.

3.0 Pollination:

Different species of orchid have a unique floral architecture. In case of Cypripedium cordigerum different parts off the flower are attached to the ovary. Pollinators are often visually attracted by the shape and colours of the labellum. When the pollinator enters into the flower, it touches a viscidium, which promptly sticks to its body, generally on the head. While leaving the flower, it pulls the pollinium out of the anther, as it is connected to the viscidium by the caudicle. The caudicle then bends and the pollinium is moved forwards and downwards. When the pollinator enters another flower of the same species, the pollinium takes such a position that it will stick to the stigma of the second flower just below the rostellum, pollinating it.

4.0 Legal status: The plant has been included in the Appendix II of CITES.
5.0 **Comparison to other species:** *Cypripedium* is differentiated from other genera in the Orchidaceae by the two fertile anthers and slipper shaped lip or labellum. *Cypripedium* species can also show morphological differences among individuals and populations. Table 1 shows the differences of *Cypripedium cordigerum* to the other species of *Cypripedium* found in the state Uttarakhand (Uttaranchal).

**Table 1. Distinguishing characteristics among other species of Cypripedium**

<table>
<thead>
<tr>
<th>Species</th>
<th>Plant height (cm)</th>
<th>Leaves Numbers</th>
<th>Lip colour and length</th>
<th>Staminode length</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Cypripedium cordigerum</em> D. Don</td>
<td>40-60</td>
<td>3-6</td>
<td>White with irregular spots, semiglobose, 3 cm long, 10 mm long, ovate or oblong cordate</td>
<td></td>
</tr>
<tr>
<td><em>Cypripedium elegans</em> Rchh.f.</td>
<td>3-10</td>
<td>2 opposite</td>
<td>Subglobose, 1 cm, front with 3 longitudinally arranged purple papilla</td>
<td>transversely elliptic, small, ca. 1.5 mm</td>
</tr>
<tr>
<td><em>Cypripedium himalacium</em> Rolfe.</td>
<td>15-30</td>
<td>3</td>
<td>Purpulish, 2.3 cm, almost globose many longitudinal lines</td>
<td>broadly ovate-cordate, ca. 7 mm</td>
</tr>
</tbody>
</table>

**Figure 2. Cypripedium himalacium**

**Figure 3. Cypripedium elegans**
Nagtibba is located to the east of Mussoorie and falls in the Tehri district of Uttarakhand state (Lat. 30° 35’ 15.27” N and 78° 78’ 21.26” E Long.). The hill tops an altitude of 3048 m and offers an excellent view of the mountain peaks in all directions (Fig. 1). The temperate climate of Nagtibba generally supports the vegetation of Oak and Rhododendron forest. The area is surrounded by dominant oak species, *Quercus floribunda* locally known as *Moru* and few scattered trees of *Rhododendron arboretum* which is locally called *Burash*. Before starting the actual work a short field visit was made to field site to set-up a temporary base camp. Nagtibba is around 12km away from the nearest road way. In the month of June 2007, I started actual field work. Two local boys from the near by village of Nagtibba were selected as team members.

To understand the ecological features of this species I used opportunistic sampling. I laid 5 x 5 m plot and in each plot habitat parameters viz, Slope, aspect, litter depth, canopy, associate species, altitude and soil moisture were recorded. Adequate soil samples were brought to the laboratory to analyse the other parameters viz, pH, NPK and Organic carbon and soil texture. All the laboratory methods and precautions were followed. A total of 18 plots were laid in different elevations and aspects. Data were analyzed through the software PCORD4 and ARCGIS. During the field work, threat parameters viz, lopping of trees, grazing pressure and number of cattle grazing were recorded. For conservation awareness a get together was conduted with all the local shepherds and the Gujjar (transhumant pastoralist community) community. Simple talks were delivered and field tour was conducted in and around the Nagtibba area. During this exercise I trained two local youth about the importance of this species. With the help of both of them I convinced the other local villagers. I located a number of patches of *Cypripedium cordigerum* plant and showed them to the Gujjars, so that they would be able to identify independently this plant and protect it in the future.
What is known of the ecology of *Cypripedium cordigerum* is based largely on some of the floristic books. Detailed studies on the ecology of *Cypripedium cordigerum* have not been done. However in the European countries much of the work has been done on the ecology, reproductive biology and population genetics of other *Cypripedium* species (Ballard 1990; Sheviak 1992; Harrod and Knecht 1994; Knecht 1996). In India no such detailed studies have been done on the ecology of any terrestrial orchid especially on *Cypripedium* genus. This present study is just an attempt to know the ecology of *Cypripedium cordigerum*. Correlation of microhabitat variables was done with the distribution of plots and the correlation was significant and Monte Carlo’s test for significance was 0.035. This score of NMS was used in Arc Gis to

![Figure 6. Non metric Multidimensional Scaling (NMS)](image)

![Figure 7. Scatter plot of C. cordigerum species showing clusters at different confidence intervals](image)
study the cluster formation at different confidence intervals. Only one cluster was found at 90 and 95% confidence intervals but at lower confidence intervals all the plots of *Cypripedium cordigerum* were separated (Fig. 6-7). This shows that in general at broad level orchids have similar environment of microhabitat variables but at species level each species has a unique environment. The ideal condition for Cypripedium *cordigerum* in Nagtibba is given on the table 2. Main associate species are *Viburnum cotinifolium* (Shrub), *Viburnum foetens* (Shrub), *Podophyllum hexandrum* (Medicinal herb), *Fragaria daltoniana* (Herb), *Anemone rivularis* (Herb), *Galium asperuloides* (Herb), *Rosa macrophylla* (Shrub), *Quercus floribunda* (Evergreen tree), *Quercus semecarpifolia* (Evergreen tree), *Aruncus dioecus* (Herb), *Seneio altus* (Herb), *Pimpinella denticulate* (Herb), *Ranunculus hirtellus* (Herb) and *Lyonia ovalifolia* (Tree).

Table-2 Microhabitat condition of *Cypripedium cordigerum*

<table>
<thead>
<tr>
<th>Variables</th>
<th>Average</th>
<th>Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Litter depth</td>
<td>2.6</td>
<td>1-5 cm</td>
</tr>
<tr>
<td>Canopy</td>
<td>26.1</td>
<td>5-65</td>
</tr>
<tr>
<td>Altitude</td>
<td>2794.4</td>
<td>2600-3000m</td>
</tr>
<tr>
<td>Soil moisture (%)</td>
<td>25.5</td>
<td>22-31</td>
</tr>
<tr>
<td>Coarse</td>
<td>48.1</td>
<td>46.8-65.5%</td>
</tr>
<tr>
<td>Sand</td>
<td>25.4</td>
<td>21.5-31.2</td>
</tr>
<tr>
<td>Silt</td>
<td>17.6</td>
<td>14-20.9</td>
</tr>
<tr>
<td>Clay</td>
<td>7.9</td>
<td>4.1-16</td>
</tr>
<tr>
<td>N (mg/kg)</td>
<td>0.50</td>
<td>0.307-1.053</td>
</tr>
<tr>
<td>P (mg/kg)</td>
<td>542.9</td>
<td>408-773</td>
</tr>
<tr>
<td>K (mg/kg)</td>
<td>3539.8</td>
<td>2971-3808</td>
</tr>
<tr>
<td>OC (%)</td>
<td>3.4</td>
<td>2.3-3.7</td>
</tr>
<tr>
<td>pH</td>
<td>6.2</td>
<td>5.6-7.1</td>
</tr>
</tbody>
</table>

During the present survey it was observed that the major threats to the species population in its natural habitats have been largely due to anthropogenic pressures. The Gujjars community is the main factors responsible for the destruction of these natural habitats of this rare orchid in Nagtibba. Gujjars are forest dwelling semi-nomadic, pastoralist indigenous community, which resides in the forests in the foothills of the Himalayas. They migrate from the lowland plains in the winter to the upper reaches of the Himalayas during the summer. They practice a forest-based form of animal husbandry and produce good quality milk and dairy products, which are
sold in the towns around the forest. They own a large herd of cattle and they use this forest land in Nagtibba for grazing them. These cattle were often found to be eating young flowering bud and sometimes the whole plants. More than hundred plants of this species were found to be growing near a Gujjar’s hut that shows that these Gujjars are extensively using this land rich in *Cyperipedium cordigerum*, which has resulted in the depletion of the population of this orchid at Nagtibba. Besides this, the local shepherds also stay on the hill top and contribute to the destruction of habitat. Cutting wood, lopping the oak for cattle and goats are the major threats to this plant.

### 8.0 Recommendations:

- Maintain or restore habitat conditions of *Cyperipedium cordigerum* in Nagtibba.
- Gujjars should sift to the other areas.
- Population monitoring program should undertake by the state forest department.
- This area should be declared as Special Area of Conservation in Uttarakhand.

### 9.0 References:


**Cribb, Phillip. 1997.** The Genus CYPRIPEDIUM. Timber Press, Inc. Portland, Oregon


**Knecht D. 1996.** The Reproductive and population ecology of *Cypripedium fasciculatum* (Orchidaceae) throughout the Cascade Range. [MSc. thesis]. Ellensberg: Central Washington Univer.


Figure 8. Hill top of Nagtibba (3000m)

Figure 9. A Gujjar hut near the hill top

Figure 10. A Gujjar family
Figure 11. Getting information from the local shepherd

Figure 12. During sampling

Figure 13. Local villager having a close view of *C. cordigerum*
About the author

My whole hearted interest in orchids comes not only from the fact that I have grown up among them in the Himalayas but also from my childhood mission to conserve the helpless plants. With the completion of my Post-Graduation in Botany in 2002 from Kumaon University, Nainital, I joined Wildlife Institute of India as a Junior Research Fellow. I obtained a Ph.D. degree in 2005 in Taxonomy of orchids in Uttarakhand. I conducted a short term orchid conservation project in Gori valley 2003 funded by SDCOS. In 2007 I was awarded as a Young Scientist from Department of Science and Technology, Government of India.